

Mental Health Hero Awards Nomination Form

Thank you for taking the time to nominate someone as a Mental Health Hero in your area. We are looking for people who are changing lives through one or more of the following:

- 1. Helping to break the stigma around mental health
- 2. Inspiring others in addressing or overcoming mental health problems
- 3. Making it easier for people to access mental health support and advice
- 4. Supporting people experiencing mental health problems to stay in, or return to, work

5. Pioneering new or innovative ways of supporting people with mental health problems and/or their families

Please complete the form below and return to cathy.mussert@cabinetoffice.gov.uk by Tuesday 27th January 2015.

Name of person nominating:

Email:

Telephone Number:

Address:

Name of person to be nominated:

Area where they are based:

Based on the five criteria set out above, why do you think this person should win a mental health hero award (500 words max):